

Answers to **A good night's sleep – exercises****Preparation**

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|------|------|
| 1. b | 5. a |
| 2. c | 6. d |
| 3. f | 7. h |
| 4. e | 8. g |

**1. Check your understanding: true or false**

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|----------|----------|
| 1. False | 4. False |
| 2. False | 5. True  |
| 3. True  | 6. True  |

**2. Check your vocabulary: gap fill**

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|---------------------------|------------------|
| 1. Welcome                | 4. Turn off      |
| 2. great to be here       | 5. down low      |
| 3. earlier in the evening | 6. useful advice |