

She's been catching waves for over 60 years. Watch the video as Gwyn reflects on how she got started, surfing then and now and why she loves it so much.

Do the preparation task first. Then watch the video and do the exercise. Remember you can read the transcript at any time.

Preparation

Match the vocabulary with the correct definition and write a–h next to the numbers 1–8.

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| 1..... to paddle | a. an event where you compete against others to win |
| 2..... a category | b. a person who rides on a wave on a special board |
| 3..... a surfer | c. a person on a beach or at a swimming pool who watches the swimmers to make sure they are safe and not in danger |
| 4..... a wetsuit | d. water that moves across the surface of an area of water |
| 5..... a competition | e. a long, narrow board made of wood or plastic, used for riding on waves |
| 6..... a surfboard | f. a piece of clothing, usually made from rubber, that covers the whole body and keeps you warm in the sea |
| 7..... a lifeguard | g. a group of people or things that are similar in some way |
| 8..... waves | h. to push a pole or your hands through water in order to move |

1. Check your understanding: multiple choice

Circle the best answer to these questions.

- Who encouraged Gwyn to do sport?
a. Her mother b. Her father c. Her brother
- When did Gwyn use wooden surfboards?
a. In the 50s b. In the 60s c. In the 70s
- What are wooden surfboards called today?
a. Body boards b. Belly boards c. Heavy boards
- Who first brought down the longboards which are also known as Malibu boards?
a. Her brother b. The lifeguards c. Trevor Roberts

5. What year did Gwyn do her first competition?
a. 1965 b. 1960 c. 1975
6. When was Gwyn the first ladies' British Champion?
a. 1965 b. 1966 c. 1967
7. When did Gywn get her first surfboard?
a. Over 50 years ago b. Over 70 years ago c. Over 60 years ago
8. Nowadays, who gives strange looks to Gywn when she surfs?
a. Old people b. Young people c. Other surfers

Discussion

What do you think of Gwyn's passion for surfing?

Have you ever tried surfing?

Vocabulary Box

Write any new words you have learned in this lesson.