



Watch the video on our website!



- Daisy:** Oliver'll be back soon. Did he know you were coming?
- Alfie:** Yes, we spoke earlier. We're going to do a bike race so we want to plan our training schedule.
- Daisy:** That sounds serious. When is it?
- Alfie:** In about a month. It'll be hard, but we're going to do loads of training – long-distance rides at weekends and shorter rides during the week.
- Daisy:** Wow! But you won't be training every day, will you?
- Alfie:** That's what we're going to talk about now.
- Daisy:** In here. Want some tea? Do you want some, Alfie?
- Alfie:** Yeah, please. No sugar for me – I'm in training!
- Oliver:** Right. I'm just going to get a pen so we can write our plan down.
- Daisy:** Amy's coming round. We're going to watch a film – want to join us?
- Oliver:** Yeah, maybe.

*(Later ...)*

- Oliver:** What are you going to watch?
- Daisy:** We haven't decided. Maybe the new Matt Damon one ... or a romcom.
- Alfie:** If you choose the Matt Damon, I'll stay, but I won't if it's the romantic one.
- Oliver:** What's the Matt Damon one about?
- Daisy:** The Second World War.
- Oliver:** A war film! Oh no.
- Amy:** Come on, it'll be good. It's had great reviews.
- Oliver:** Ah, all right then.

- Daisy:** Mum'll be phoning soon. Should we wait until after her call?
- Amy:** Good idea. Where is she?
- Oliver:** Egypt. In Alexandria, but she's going south tomorrow. To Luxor, I think.
- Amy:** Isn't she stopping in Cairo?
- Daisy:** I think so, yeah. How's the planning?
- Oliver:** Ah, well. We're not going to do the race! We won't be ready. And Alfie wants to put sugar in his tea again!
- Daisy:** That'll be Mum.
- Oliver:** I'll get it.
- Alfie:** And we'll get the popcorn ready, right Amy?
- Amy:** Let's do it.