

**Video Zone: The Food-Waste Rebel – exercises**

Did you know that tonnes of perfectly good food is thrown away every day in some countries? When some people don't have enough food to eat it seems crazy that so much food is wasted. Watch this video and learn about the work that Tristram Stuart is doing to try and change this situation.

Do the preparation task first. Then watch the video and do the exercise. Remember you can read the transcript at any time.

**Preparation: matching**

Match the vocabulary with the correct definition and write a–h next to the numbers 1–8.

- |        |                       |    |   |
|--------|-----------------------|----|---|
| 1..... | a catastrophe         | a. | safe for people to eat                        |
| 2..... | a dumpster            | b. | a place to leave rubbish which is then buried |
| 3..... | for human consumption | c. | shortage                                      |
| 4..... | collaborating         | d. | a very large container for rubbish            |
| 5..... | a landfill site       | e. | a disaster                                    |
| 6..... | scarcity              | f. | forgotten                                     |
| 7..... | neglected             | g. | a disgrace                                    |
| 8..... | a scandal             | h. | working together                              |

**1. Check your understanding: true or false**

Circle *True* or *False* for these sentences.

- |    |   |             |              |
|----|---|-------------|--------------|
| 1. | When Tristram Stuart was a teenager he was giving food that was good enough for humans, to his pigs.  | <i>True</i> | <i>False</i> |
| 2. | He realised that bins full of food were being sent to the supermarkets.   | <i>True</i> | <i>False</i> |
| 3. | Farmers in Korea waste thousands of tonnes of good food every year.   | <i>True</i> | <i>False</i> |
| 4. | According to Tristram Stuart, society needs to change. It needs to believe that food is far too valuable to waste.                                | <i>True</i> | <i>False</i> |
| 5. | Tristram Stuart is the founder of a charity called Feedback which inspires people to take action in their own lives.                              | <i>True</i> | <i>False</i> |
| 6. | Tristram Stuart also says the best way to spread the global food waste revolution is to have a massive food festival.                             | <i>True</i> | <i>False</i> |
| 7. | Speaking at a food feast, Tristram Stuart says that supermarkets who used to reject stuff because it didn't look perfect have changed their ways. | <i>True</i> | <i>False</i> |
| 8. | Tristram Stuart has been a campaigner of food waste for twenty-five years.  | <i>True</i> | <i>False</i> |